

*"But if from there you seek the LORD your God, you will find Him if you seek Him with all your heart and with all your soul." Deuteronomy 4:29(NIV)*



Bear Creek United Methodist  
Women's Retreat  
Featuring Shannon Perry

Friday, March 23 - Sunday, March 25, 2012  
at beautiful Camp Allen near Navasota

Cost: \$120 - for those registering Nov. 6, 2011 - Jan. 23, 2012

or

\$160 - for those registering Jan. 24 - Feb. 27, 2012 (includes 5 meals)

Daytime option - Saturday ONLY \$50 (includes 3 meals)

Name \_\_\_\_\_ This is my \_\_\_\_ Retreat!

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Emergency contact name and number \_\_\_\_\_

\_\_\_\_\_

Roommate Preference / 2 people per room

\_\_\_\_\_

Saturday afternoon activities provided by Camp Allen are available for an extra charge.  
More information on the back.

## Camp Allen – OPTIONAL ACTIVITIES

*Initial which activities you would like to participate in.  
These must be paid for at the time you check in at retreat.*

### Guided Hike

Description: One hour hike led by an experienced guide through the trails of Camp Allen

**Rate: \$5.00 / person Min/ Max per session: 6 / 15**

Requirements: Ages 8 & up. Wear closed toe shoes and long pants.

### Canoeing

Description: One hour session on Lake Goddard, includes canoe, paddles, and facilitator.

**Rate: \$5.00 / person Min/ Max per session: 6 / 20 (Up to 3 riders per canoe)**

Requirements: All ages welcome - under 8 with adult. Life jackets provided.

### Trail Rides

Description: 1 hour guided ride through Camp Allen that includes instructor, horse, and equipment.

**Rate: \$20.00 / person Min/ Max Capacity: 6 / 10**

Requirements: Ages 10 & up. Wear closed toe shoes with a heel and long pants. 250 pound weight limit.

### Massages

Description: Table body massage by a certified massage therapist.

**Rate: \$45/ 30 minutes \$65/ 60 minutes Min/ Max per therapist: 3 / 5**

Requirements: Ages 17 & up only.

### Challenge Course

Description: Custom the option of low and/or high elements such as the rock wall, zip line, power-pull, incline logs, and more! **Min 12 required to book.**

**Rate: \$15 - 2 hours low course / \$25 - 2 hours high course / \$35 - 3 hours high course**

*These activities are to be booked prior to arrival. A release form is required for all participants. Due to arranging for facilitators of these activities, any group canceling activities the day of that pre-booked event will be charged for the minimum amount which result in a loss of all or partial fees.*

_____ Guided Hike	\$5.00
_____ Canoeing	\$5.00
_____ Trail Rides	\$20.00
_____ Massage 30 minutes	\$45.00
_____ Massage 60 minutes	\$65.00
_____ Challenge Course	
2 hours low course	\$15.00
2 hours high course	\$25.00
3 hours high course	\$35.00

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TOTAL OWED

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